



SPA VILLAGE KUALA LUMPUR

# SPA VILLAGE KUALA LUMPUR

is an oasis of regeneration and beauty in the midst of the bustling city of Kuala Lumpur. Here East meets West; new meets old, delivering a unique healing culture.

This unique retreat offers a mix of the world's most sophisticated therapies integrated with the healing practices of the region. Paying tribute to the cultural diversity and rich healing heritage of the area, this most stylish of spas blends ancient practices with modern, using natural local ingredients to provide a blissful relaxation and recovery opportunity.

Therapies range across a spectrum of treatments, from the most traditional of Malay, through to the Sensory Sound Bath Room, the only one of its kind in Asia, which will provide a combination of sensory sensations designed to soothe and heighten awareness.

In this age of technology, stress and hyper-competition, Spa Village Kuala Lumpur provides a uniquely secluded urban environment to rejuvenate, relax and take pleasure.



## SPA VILLAGE EXPERIENCES

## RATE

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### SENSORY SOUND BATH

80 minutes 375

Transport your body and mind to a state of perfect inner harmony with this one-of-a-kind combination of traditional healing practices. As your body is lulled by relaxing vibrations emanating through the specially-designed floor, the therapy begins with a full body, deep tissue massage inspired by Thai and Tui Na techniques. Your back is given extra attention, using warmed stones, essential oil-infused compresses and a rhythmical massage. An Indian head massage focuses on the marma points. The entire experience comes to an extraordinary closure with a 10-minute "Sound Bath", enveloping the body with the frequencies of our Symphonic Gong, harmonising the subtle energy and nerve paths, and leaving you feeling relaxed and rejuvenated.

### MALAY FOOT STEAMING\*

50 minutes 300

The foot is the second heart of the body, and proper care leads to our overall well-being. Our foot steam therapy combines the best of a foot massage with a Malay herbal foot steaming and ends with a neck and shoulder massage. Conducted by the poolside treatment area, relax as each foot is massaged to loosen any knots, after which the feet are rested in a special herbal steam pot. Steam made from a blend of dried herbs and spices, including pandan, lemongrass, kaffir lime, cinnamon, clove and basil, circulates the feet to reduce tendon and ligament inflammation and water retention. While the feet get pampered, sit back and enjoy your neck and shoulder massage to further encourage you into deep relaxation.



## COUPLE'S SPA EXPERIENCES

## RATE

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### TRADE WINDS (3 hours)

Single	750
Double	1500

East meets West in this popular experience. Together you will begin this treatment with an indigenous body scrub to exfoliate the skin. Gentlemen will begin their experience with the Terra Timur Body Scrub, while the ladies will experience the Papaya Gentle Body Scrub. This will be followed by the classic Swedish Massage and European Facial.

### TRADITIONAL ROYAL MALAY TREATMENT\* (3 hours)

Single	750
Double	1500

The Malay people have a long and honoured tradition of healing therapies. Special focus is given to the particular needs of men and women. Massages for men are meant to improve valour and virility. For women the treatments enhance beauty and improve fertility. In this couple's spa experience, gentlemen will be treated like the Malay warrior, Hang Tuah, while the women will be treated like the much loved princess, Tun Teja.

A Malay family who cherishes their heritage and prepares the herbs and oils has graciously shared this treatment. We invite you to enjoy it together.

Hang Tuah begins with a men's traditional Malay facial and body massage, followed by a body scrub. This massage enhances male virility. The women begin Tun Teja with a body massage and body scrub. Together they will then relax in a herbal bath to restore energy and relax the body.

One of the most interesting aspects of this Malay therapy is the use of scented body steaming. Following the bath, both men and women will receive a body steaming. This steaming is said to delay the process of aging.



## COUPLE'S SPA EXPERIENCES

RATE

### NUSANTARA TREATMENT | 3 HOURS

Single	750
Double	1500

Using the historic reference of the herbs and plants of this region, these signature treatments have been developed specifically for Spa Village Kuala Lumpur. In the Nusantara Treatment, you will experience the finest herbs of Southeast Asia. We have selected the Gandapura treatment for him and Rose Therapy for her. The Gandapura treatment is designed to enhance male sensuality. Rose Therapy is for overall beautification and femininity.

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### GANDAPURA (GENTLEMEN) | 3 HOURS

Single	750
Double	1500

The gentlemen's experience begins with a rejuvenating hair treatment and papaya (carica) body masque to exfoliate the skin. Relaxing in the steam room allows the oils to be absorbed into the hair and body. This is followed by a luxurious bath and concludes with a full body Swedish Massage.

### ROSE THERAPY (LADIES) | 3 HOURS

Single	750
Double	1500

This therapy begins with a hair treatment of rose and lavender. A rose petal body masque is applied and left on while relaxing in the steam room. This is followed by a milk bath with roses and concludes with a full body aromatherapy massage.

### CHINESE PERANAKAN TREATMENT | 3 HOURS

Single	750
Double	1500

This treatment is a tribute to the unique culture derived from the marriage of Malay and Chinese. It begins with a Milk Nectar Meditation to calm the nerves, followed by a Pearl and Rice facial. The facial includes the Traditional Egg Undulation and Mulberry Leaf Eye Treatment.

A Moxa Naval Activation to improve metabolism, ease digestion and jetlag, precedes the Rattan Tapping Qi-Gong. The treatment concludes with a custom oil massage utilising both Chinese acupressure and Malay massage.



## SPA TREATMENT

RATE

### BODY TREATMENT

#### CAMPUR-CAMPUR\*

100 minutes 600

The name Campur-Campur means a blending of varieties in Malay. Combining the best techniques of Malay and Thai massage, this signature creation of Spa Village uses touch, tone and aromatherapy to give you a unique and memorable experience. The scent of lemongrass and pandan leaves fills the air as steamed herbs are pressed along the body using a traditional steam pouch.

### MASSAGE THERAPY

#### SWEDISH

50 minutes 300  
80 minutes 375

This classic European oil massage works predominantly with the muscles, soft tissues, and joints, utilising long, rhythmic strokes. Please request light, medium or deep pressure.

#### MALAY

50 minutes 300  
80 minutes 375

The art of traditional Malay massage is passed on from generation to generation. The technique consists of long kneading strokes that focus on the muscles and pressure applied to various points on the body. This treatment uses pure essential oils of ylang ylang, orange, clove, ginger and patchouli.

#### BALINESE

50 minutes 300  
80 minutes 375

This massage combines a historical reference from many cultures, which form the foundation of Balinese traditions. Thus, the ritual utilises techniques that vary in tempos of acupressure, rolling motions, long strokes and percussion, which provide an invigorating and energising experience for the body.

#### AROMA BATH (ADD-ON)

30 minutes 180



## SPA TREATMENT

RATE

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### SKIN CARE

Spa Village Kuala Lumpur is proud to feature Kerstin Florian skin care. Developed by Swedish born Kerstin Florian, this luxury collection of products sources only the finest and most potent ingredients from around the world, artfully blending science and nature, and instantly earning its reputation as an effective, indulgent and result oriented skincare line.

#### CELLULAR FIRING FACIAL

80 minutes

575

A deep cleansing and purifying Kerstin Florian treatment for all skin types. Includes a renewing peel customised to your specific needs to renew, a deep cleansing massage to promote circulation and a masque to balance and nourish the skin. A truly decadent yet effective treatment, this facial is designed to reduce the visible signs of aging. A spirulina algae masque packed with protein, vitamins and minerals is utilised to improve the skin texture. Coupled with the specialised Chitosan masque to promote elasticity, these two powerful ingredients combat hyperpigmentation, smoothing fine lines and leaving tired skin with a healthy glow. Includes hand and lower leg massage.

#### CLASSIC EUROPEAN FACIAL

50 minutes

375

Our skin care specialists will custom design this facial for your specific needs. This classic treatment includes cleansing, exfoliation, masque, massage and moisturising treatment.



## **SPA RECOMMENDATIONS AND GUIDELINES**

Enjoy a full range of amenities when visiting the Spa Village Kuala Lumpur including a robe, slippers, private locker and vanity products. Services that are listed with a \* symbol are considered heat treatments and are not recommended for guests that have heart conditions, suffer heat sensitivity, or are pregnant. In consideration of other guests we ask that all cellular phones and electronic devices be turned off while at the spa. The Spa Village Kuala Lumpur is a non-smoking facility.

## **OPERATION HOURS**

Spa Treatments: 12.00pm – 9.00pm

## **RESERVATIONS**

Advance reservations are recommended. For in-house guests, touch 4909 on your room telephone. You may also call the Spa Village at +60 18 623 0039 or email [spavillagekl@ytlhotels.com](mailto:spavillagekl@ytlhotels.com). Reservations may also be made through the YTL Travel Centre at [travelcentre@ytlhotels.com](mailto:travelcentre@ytlhotels.com).

## **CHECK-IN**

Please check-in at the Spa Reception Desk 15 minutes prior to your first appointment. We regret that late arrivals will not receive an extension of scheduled treatments.

## **FACILITY USAGE**

All guests of The Ritz-Carlton, Kuala Lumpur enjoy complimentary use of the spa facilities with any 50-minute deluxe scheduled spa service.

## **AGE RECOMMENDED**

The spa welcomes guests 16 years and above.

## **SPA BOUTIQUE**

Be sure to visit our Spa Boutique for an array of spa products and spa-related merchandise. For your well-being, we will not be providing any testers for all merchandise.

## **CANCELLATION POLICY**

As a courtesy to other guests and our therapists, please give us a 4-hour notice if you must cancel or change any treatments. Without this notification you will be charged in full.

## **GRATUITIES**

In appreciation of outstanding service, gratuities may be given at your discretion.

*Prices are in Malaysian Ringgit (MYR) subject to prevailing service charge and taxes.  
Subject to change without notice.*



SPA VILLAGE KUALA LUMPUR  
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RESERVATIONS:

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